



POPPY



what is IV THERAPY?

Intravenous therapy is a 45-60 minute treatment that involves an intravenous infusion of vitamins, minerals and amino acids. A vitamin infusion safely delivers key nutrients directly into the bloodstream. We compound each infusion bag so that it is unique for your health needs and goals.

why IV VITAMIN THERAPY?

We are able to bypass your digestive system for rapid and effective absorption of nutrients.

We can deliver a higher level of nutrition directly to your cells.

You are able to instantly rehydrate your system and feel the benefits.



DID YOU *know*?

Most people are not getting optimal nutrition either because of a compromised digestive system or a higher need for specific nutrients. A major cause of nutrient deficiencies is due to poor absorption in their digestive system. Over 60% of people have some sort of compromise in their digestive system!

So even if you are eating enough, or trying to eat healthy, you can still have nutrient deficiencies.

POPPY IV MENU

All IV Therapy sessions include a compounding fee of \$12 + HST and PPE fee of \$10 + HST. This is reflected in the costs below.



IV NOURISH

135.12

Intended for nutrient repletion, this IV is perfect for pregnant, postpartum, nursing moms. Also for digestive concerns such as inflammatory bowel disease, celiac, leaky gut. This IV contains magnesium, calcium, selenium, vitamin C, B vitamins and amino acids.



IV IMMUNITY

136.95

Support your immune system by giving it the vital nutrients it needs to fight the good battle. With high doses of vitamin C, B vitamins and zinc this IV drip is the perfect choice for cold and flu season.



IV ENERGIZE

141.47

Adrenal fatigue? This is the IV for you! We all need a boost from time to time and with modern day stresses an IV drip full of vitamin C, zinc, magnesium, trace minerals, amino acids is a very effective way to combat stress, rise above and thrive.



IV NAUSEA EASE

130.14

Morning sickness? Hyperemesis gravidarum? Feel like yourself again with this formulation of B6, amino acids, magnesium and vitamin C. Women with morning sickness may be suffering low blood pressure, this formulation contains a larger saline bag to increase blood pressure and provide relief from the discomforts of early pregnancy.



IV REHYDRATE

141.47

This formulation is perfect for hangover, low blood pressure, dehydration and fatigue. Support your body with vital vitamins + saline to optimize your health.



IV DETOX

144.66

Enhance your detoxification with this IV formulation. It is perfect during a detox program as well as anytime you want to support your body's natural detoxification pathways. This IV is packed with vitamins C, B's, zinc and glutathione.



GLUTATHIONE PUSH

124.40

Provides critical mitochondrial support (your cell's energy powerhouse) adding glutathione to your IV or on its own can boost energy, support detoxification and can be particularly useful for preventing or as treatment for neurodegenerative diseases such as Alzheimer's and Parkinson's disease.



VITAMIN C

PRICED BY BAG SIZE*

10 MG BAG **144.24** / 15 MG BAG **148.87***
20 MG BAG **153.17*** / 25 MG BAG **157.80***

One of the most studied & widely used nutrients in intravenous therapy. Boost your immune system & kick that cold/flu to the curb. Good for reducing inflammation, cancer prevention, detoxification, anti-aging & glowing skin. This IV contains vitamin C, calcium, magnesium, and potassium.

+ ADD ONS

GLUTATHIONE (1mL)	2.38
ZINC (1mL)	2.26
VITAMIN C (1mL)	1.13
B12 (1mL)	2.26
B12 HIGH DOSE (1mL)	3.67

BLOOD WORK

G6PD	56.36
PRE LAB IV	50.75

* Blood work must be completed before using 15-25 mg bags of Vitamin C

INDICATIONS

- Fatigue / low energy
- Adrenal fatigue
- Stress
- Anxiety
- Depression
- Pregnancy & post partum nutrition for mom
- Morning sickness & hyperemesis gravidarum
- Fertility optimization
- PMS & menstrual irregularities
- Migraines, headaches, and tension type headaches
- Poor focus/concentration/memory
- Hangovers
- Narcotic withdrawal
- Eczema, psoriasis, hives
- Chronic fatigue syndrome
- Thyroid issues
- Fibromyalgia
- Muscle spasms
- Asthma
- Respiratory tract infections
- Sinusitis
- Seasonal allergies & runny nose
- Parkinson's disease
- Impaired digestion (Celiac, IBS, IBD, Chron's Colitis, Constipation, Diarrhea)
- Insomnia, poor quality sleep
- Allergies
- Detoxification
- Acute viral illnesses & colds
- Cardiovascular disease
- Optimize athletic performance and recovery
- Overall health & energy optimization

how IT WORKS

1 BOOK YOUR APPOINTMENT

P 289.815.1322
hello@poppyclinic.com
poppyclinic.com

2 CONSULT WITH OUR NATUROPATHIC DOCTOR*

3 SIT BACK & ENJOY YOUR IV INFUSION TREATMENT

**If you are new to The Poppy Clinic your first appointment will include an initial assessment. If you are already a patient at The Poppy Clinic and have seen one of our Naturopathic Doctors, then you can book right in for an Intravenous Vitamin treatment.*

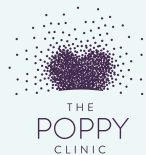
how long DOES IT TAKE?

An assessment by our Naturopathic Doctors can be anywhere from 15-30 minutes.

The infusion treatment can be 20-75 minutes depending on the volume of your infusion. In general, you can allocate about 60-75 minutes for your treatment.

IV HOURS

THURSDAYS 10–2 pm



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Most major insurance plans have naturopathic coverage. Please check your insurance company to see if you have naturopathic coverage. Intravenous vitamin therapy is covered under naturopathic services.